**What should I bring to camp?**

Please do not pack anything that is irreplaceable or expensive. The camp cannot be responsible or liable for lost or damaged items that a camper brings to camp. Unclaimed lost and found is donated to a charity. **Write the camper’s name on everything** and instruct them to keep track of their belongings and check lost and found often. Parents are encouraged to check lost and found at check-out. You may consider using stick on waterproof labels.

* It is not mandatory, but we recommend packing in a plastic tub. They clean easily, can get wet (wet bathing suits) and hold a lot. Packing in a suitcase or duffel bag is fine as well.
* Clothes for 5 days of camp and a few extras just in case (3 days for mini-camp)
  + Do not pack nice clothes. Outside play clothes are great!
  + No spaghetti strap shirts please (straps must be 3 fingers width wide)
  + Shorts should be appropriate length (standing with hands by their side, shorts must come at or below the middle finger.)
* Shoes
  + One pair of tennis shoes for ropes course and games.
  + One pair of water shoes (not flip flops) that will stay on in the river.
  + Optional- sandal or flip flop for around camp or going to pool
* Medications- **ALL** over the counter medications, vitamins, and prescription medications must be turned in at registration. Do not pack medications in your suitcase. You will need to turn in your medication bag at check-in.
  + Medications must be packed by a pharmacy in bubble packs or individually labeled daily packs.
  + Medications **MUST** have original pharmacy information w/ name and content information.
  + Epi-pens and rescue inhalers need to be turned in. Camp staff will advise the camp counselor as to administration of rescue medications.
  + You do not need to send as-needed, over-the-counter medications such as Tylenol, Advil. We keep these in stock.
* One set of clothes

for messy games

* Pajamas
* Underwear
* Socks
* 1 light jacket or sweatshirt
* Rain gear (a poncho or rain jacket)
* Set of twin-size sheets
* Pillow
* Light blanket
* Sleeping bag for campout\*
* Laundry Bag
* Bible
* Journal/pen
* Stationary/Stamps
* Flashlight
* Bathing suit **(one piece suits)**
* Sunscreen
* Bug spray
* At least 2 Towels- two for bathing and one for pool/river
* Toiletries- Whatever you typically use daily. Toothbrush and paste, soap, shampoo, etc
* It is helpful to put toiletries in a small bag or caddy.
* Backpack for one night camping \*
* Water Bottle w/ name on it

\* not necessary for mini-camp, parent/child camp, or River Riders

**What NOT to bring to camp?**

* Cell phones
* All electronic devices; ipods, music players of any kind, tablets/kindles/nooks
* snacks, candy, or drinks.
* Anything you would be sad to get lost or broken

Possession of the following could result in immediate expulsion from our program. - Pornography, weapons, alcohol, drugs, and any tobacco or vape products.

The camp directors have phones for emergencies. Phones, even given by a parent, are subject to confiscation. We are trying to preserve an undistracted, rustic, independent experience.